



**Bharath Institute of Higher Education and Research
(Deemed to be University)**

Office of the Dean of Engineering,

Sree Balaji Institute of Science and Technology (SBIST),

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SBIST/HLTH/REC/2025-26/001

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OFFICE ORDER

FIRST AID, MEDICAL AND COUNSELLING FACILITIES

1. Availability of First Aid Facilities

Sree Balaji Institute of Science and Technology has established a dedicated **First Aid Room** within the campus to provide immediate medical assistance to students, faculty, and staff.

1.1 Infrastructure Details

- Separate First Aid Room with proper ventilation and lighting.
- Cot/bed for emergency rest.
- Table, chairs, and storage cabinet for medicines.
- Drinking water facility.
- Display of emergency contact numbers.

1.2 Equipment and Supplies Available

The First Aid Room is equipped with:

- First Aid Kit (antiseptics, cotton, bandages, gauze, adhesive tape)
- ORS packets
- Thermometer
- Blood Pressure (BP) apparatus
- Basic medicines (as per medical guidelines)
- Pain relievers and fever medication (as prescribed)
- Scissors, gloves, and sterile dressing materials



1.3 Additional First Aid Arrangements

- First Aid Kits are placed in laboratories, workshops, sports complex, and administrative office.
- Periodic inspection and replenishment of medicines is carried out.
- Emergency helpline numbers (Ambulance, Police, Fire Service, Nearby Hospitals) are displayed prominently.



2. Medical Facilities

2.1 Medical Personnel

- A qualified Nurse/Medical Attendant is available during working hours.
- Medical support is provided for minor injuries, illness, and emergencies.



2.2 Health Services Provided

- Basic health check-ups.
- Immediate care for injuries and health complaints.
- Maintenance of medical records.
- Monitoring of student health issues when required.

2.3 Emergency Medical Support

- Tie-up with nearby multi-speciality hospitals.
- Ambulance facility available on call.
- Quick referral system for serious medical cases.

2.4 Preventive and Awareness Measures

- Periodic medical camps.
- Health awareness programmes.
- Vaccination drives (as required).
- Hygiene and sanitation monitoring across campus.

3. Counselling Facilities

The institution provides structured counselling services to ensure the emotional and psychological well-being of students.

3.1 Counsellor Details

- Designated Student Counsellor (Qualified Faculty / Professional Counsellor).
- Confidential counselling environment.

3.2 Types of Counselling Provided

- Personal Counselling
- Academic Counselling
- Career Guidance
- Stress Management and Mental Health Support
- Emotional and Psychological Support

3.3 Student Support Mechanisms

- Anti-Ragging Committee
- Grievance Redressal Cell
- Internal Complaints Committee (ICC)
- Mentor–Mentee System

3.4 Awareness Programmes

- Workshops on mental health and stress management.
- Career development sessions.
- Motivation and personality development programmes.

4. Safety and Emergency Preparedness

- Emergency response procedures are displayed in key locations.
- Fire extinguishers installed as per safety norms.
- Periodic fire and safety drills conducted.
- Safe and hygienic campus environment maintained.
- Proper waste disposal and sanitation systems in place.

5. Compliance Statement

The institution fully complies with AICTE Essential Requirements regarding First Aid, Medical and Counselling Facilities. Adequate infrastructure, trained personnel, emergency preparedness measures, and structured counselling systems are established to ensure the health, safety, and well-being of students and staff.

J. Indumathi



